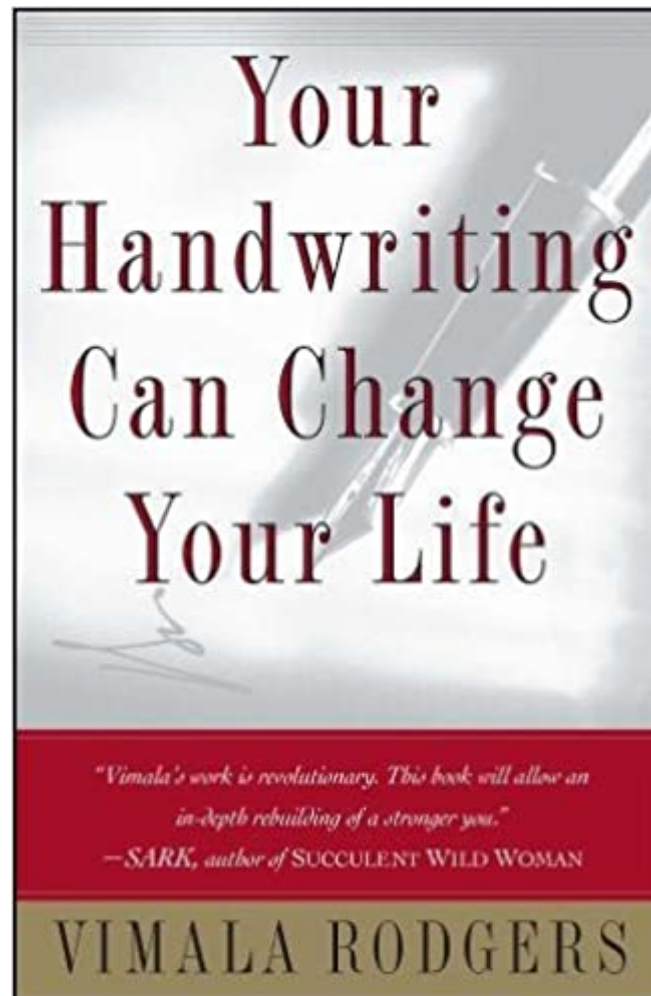




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Your Handwriting Can Change Your Life!



Synopsis

When we purposefully change our handwriting, we introduce attitudes that can improve our relationships, give us the impetus to achieve and take risks, and simply bring out the best in us. This is because our handwriting is a reflection of our innermost thoughts and feelings. When we fall in love, survive a serious illness, or change careers, our view of life is dramatically altered and, as a result, our handwriting patterns change. Conversely, desired transformations can result from intentionally changing the way specific letters are written: * Stick to that diet by changing the letter T. * Avoid being overlooked for that well-deserved promotion by changing the letter G. * Reduce stress and cease juggling too many things at once by changing the letter S. * Overcome shyness or stage fright by changing the letter A. Included is an enlightening assessment test that identifies those personality traits requiring attention. Your Handwriting Can Change Your Life profoundly reveals that the key to making dreams come true is as simple as putting pen to paper.

Book Information

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Customer Reviews

Sark author of Succulent Wild Woman Vimala's work is revolutionary. This book will allow an in-depth rebuilding of a stronger you. Elaine St. James author of Simplify Your Life Vimala reveals with infectious enthusiasm a wealth of powerful techniques that, I can promise from my own experience with them, will definitely change your life. Christiane Northrup, M.D. author of Women's Bodies, Women's Wisdom [This book] is just plain exciting. I feel strongly that Vimala Rodgers is right, so I'm starting my handwriting changes today. I urge you to do the same. Henriette Anne Klauser, Ph.D. author of Write It Down, Make It Happen Mr. Palmer, step aside. The Vimala

Alphabet is ready to change the world. Vimala Rodgers is passionate about her topic and makes it fun to play along. Bernie Siegel, M.D. author of *Love, Medicine and Miracles* and *Prescriptions for Living* Symbols are the key to communication. Read this fascinating book about self-expression to understand yourself and your ability to change. Margaret Shepherd author of *Calligraphy Made Easy* and *The Art of the Handwritten Note* Vimala offers a fresh, pure, and striking alphabet to anyone whose handwriting needs some encouragement even those who are ready to give up. If you clutch and go dismal at the thought of presenting yourself on paper, you need this book. Andrew Ramer author of *Angel Answers* and *Revelations for a New Millennium* What yoga is to the body-mind, Vimala Rodgers's work is for the mind-body. I highly recommend her joyful book to everyone on the path toward healing and wholeness; it's a missing link in the holistic field.

Vimala Rodgers is an educator, handwriting expert, and motivational speaker, as well as the Director of The Vimala Rodgers Institute of Integral Handwriting Studies in Cool, California, where she lives. She can be contacted at <http://www.iihs.com>.

There is much wisdom in this book/instruction/journal set. Along your pathway in life, if you're like me, you're always learning and applying things that seem to suit your progress and help you grow. This was one of those things for me. I like the changes I've seen so far implementing Vimala's suggestions. Really, handwriting is a fascinating window to the personality of the writer-and you don't have to "just follow" what you've been taught in the past or told on your way to freedom from the things that hold you back. Vimala's style and reasoning behind the way we form letters and what that all means is incredible. She really brings it to the reader in an easy to follow and understand way, so whether you're trying to change a little or flip everything in your life around, you may want to investigate this further to see if it will work for you. It's not easy to change your handwriting. Takes a little practice, but hey, changing anything about life usually comes with some effort, you know? :) Be well and have a great life!

I love Vimala Rodgers and her alphabet. I got the kit One Spirit offered several years ago and started practicing my letters. I can say that my handwriting has completely changed and my life has changed for the better. Was it the her alphabet that caused the life change? I don't know, but I love doing my letters. It's part of my morning spiritual practice. I've bought all her books on letters and have started another round of 40 day letters recently.

As a human potential practitioner and metaphysician, I'm always on the look out for new tools to better help me understand myself. The Vimala method of handwriting is set to become a new tool. From my studies of handwriting analysis, I both know and understand how one's handwriting shows character traits. I also understand that altering one's handwriting can introduce new character traits to the psyche. The Vimala Alphabet technique and its science has already started to shift things within me in the short time I've been practicing it. Back to the book. The book is a fascinating read and, if you are willing to practice the method mentioned in this little book, you can highlight more empowering traits whilst de-emphasising less helpful ones. A great read and a great personal breakthrough guide I look forward to returning to again and again. Definitely worth the money!

I bought the book not only to change my life but I truly like the font. The next day, I immediately started reading the book and trying out how Vimala tells you how you must draw the letter. After years of doing it your way, there I was trying to do it her way. I was even practicing in the air writing trying to get my wrist to adapt to the new movement. I am having fun re-learning how to write script. I am approaching this in a light manner. Vimala makes it easy with her encouraging stories and her wonderful humor. How can you not go forward and learn!

If you want to get a sneak peak of yourself when you are not watching get this book. You get to look within yourself through your handwriting which you can't fake. I have been working on changing my handwriting to fine tune my personality and release my fears. It's working with my handwriting. I am thankful that the author wrote this book.

Great Book!! Very intriguing and wittily written.

I love this book and system of self-help!!! I practice it daily, it's so much fun and easy to do. Beats therapy if you're on a budget :) I highly recommend it.

This book was not what I had in mind. I was hoping for a book on improving my handwriting, but this book is similar to astrology or palm reading. It's about how the shape of your letters and other handwriting attributes fit into the body of opinion of people who study this sort of parapsychology.

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